



What's Your Personality IQ?

Audience

Agency Staff, Work Teams, Educators, Camp Staff, Parent Groups, Youth

Program Description

Discover your true style with the Personality IQ™, a simple and fun personality indicator! Learn how you fit with other personality styles—where you connect and where you can anticipate conflict. Explore ways to encourage individual strengths to create a fully effective team!

- Use the Personality IQ™ to gain greater self-awareness!
- Connect with others who share your personality style!
- Discover what makes other complementary styles challenging for you to work with!
- Learn how to appreciate the differences!

Program Content

- With a clear purpose of achieving greater awareness of strengths in self and others, individuals use the Personality IQ™ instrument to identify their behavioral preferences to be Activator, Analyzer, Organizer, or Peacemaker.
- Groups of similar styles share their common joys, frustrations, strengths, and challenges.
- Groups share their discoveries with other styles to create greater understanding and ability to access each others' strengths.
- Differences can lead to conflict—or they can lead to appreciation and effective partnering—at work or at home.
- People who are aware of their own styles can learn to predict the styles of others and be prepared to work with their strengths.

Required Time

60-90 Minutes

Delighted Clients

Tompkins County Youth Bureau, Ithaca, NY
4-H Camp Shankitunk, Delhi, NY
New York State Grange, Cortland, NY
Residence Life, State University of New York at Delhi, Delhi, NY

Contact

For more information about Healthy People, to receive Sally's free e-letter, or to book Sally to speak with your organization, contact:

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