Healthy People Speaker Sally Crosiar

Find the Love of Your Life

Audience

Single Adults

Program Description

You deserve to be happy! You are warm, lovable, and ready for love. But it hasn't happened yet. And you're starting to wonder if it ever will. Yes! Love will happen for you! Learn how you can attract the relationship you want by:

- Clearly defining the relationship you really want!
- Affirming and visualizing your fondest dreams!
- Developing strategies to move past the roadblocks to love!
- Gathering support to keep your search positive and fun!
- Seeking out other sources of strength and love in your life!
- And having fun with other lovable souls!

Based on the book, *Find the Love of Your Life!* By Sally Crosiar (Canandaigua, NY: Healthy People Press, 2000).

Program Content

- It's smart to set goals for love - though most of us don't!
- Get a clear focus
  - Take responsibility for what you want!
  - What do you really, really, really want in your love relationship?
- Move past your blind spots
- Sharpen your focus
- When Dave met Sally - a personal love story
- Turn Vision into Action - Virtual into Reality

Required Time

4 –6 hours

Delighted Clients

New Beginnings: The Center for Women's Development, Hartford, Connecticut
Genesee Community College, Project SOS, Batavia, New York
Finger Lakes Community College, Canandaigua, New York
Jewish Community Center of Greater Rochester, Rochester, New York
Broome County Community College, Binghamton, New York
Rochester Info-Courses, Rochester, New York
Delaware Valley Support Group, Philadelphia, Pennsylvania

Contact

For more information about Healthy People, to receive Sally's free e-letter, or to book Sally to speak with your orginization, contact:

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