

Healthy People Speaker **Sally Crosiar**

Dealing with Difficult People

Audience

Agency Staff, Work Teams, Educators, and anyone else who works with people

Program Description

Don't let the jerks get you down! Instead, learn how to de-fuse and disarm people who have learned how to push your buttons! And learn how to control your own tendencies to push other people's buttons so you can become a truly motivating leader who creates fully effective teams!

Program Content

- Gain greater self-awareness about your own personality style!
- Discover what makes other styles difficult for you to work with and learn to appreciate the differences!
- Learn how to work with know-it-alls, snipers, gripers, super-agreeables, and other contrary characters!
- Practice defensive techniques that tell difficult types not to mess with you!

Required Time

1.5-6 Hours

Delighted Clients

Oregon State Grange

Idaho State Grange

New York State Soil and Water Conservation Districts



Contact

For more information about Healthy People, to receive Sally's Monday Moment for Health, or to book Sally to speak with your organization, contact:

Sally Crosiar

Canandaigua, New York

585-396-2945

Fax 585-393-1811

Sally@healthypeople.com